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PRINT: ISSN 0973-5070 ONLINE: ISSN 2456-6772

Ethno Med, 19(2): 78-86 (2025)

DOI: 10.31901/24566772.2025/19.02.709

## **Disparities in Access to Media Information Among Nursing Mothers in Urban, Suburban and Rural Areas of Ogun State, Nigeria**

**Afolayan G. Aramide Aluko<sup>1</sup>, Kehinde Oyesomi<sup>2</sup>, Lanre Amodu<sup>3</sup>,  
Evaristus Adesina<sup>4</sup> and Funke Omole<sup>5</sup>**

*Department of Mass Communication, Covenant University, Nigeria  
Indigenous Language Media in Africa Entity, Northwest University, South Africa*

*E-mail: <sup>1</sup><afolayan.aluko@covenantuniversity.edu.ng>,*

*<sup>2</sup><kehinde.oyesomi@covenantuniversity.edu.ng>,*

*<sup>3</sup><lanre.amodu@covenantuniversity.edu.ng>, <sup>4</sup>evaristus.adesina@gmail.com,*

*<sup>5</sup><funke.omole@covenantuniversity.edu.ng>*

**KEYWORDS** Communication. Information. Infrastructure. Healthcare. Pregnancy

**ABSTRACT** The study explores the disparities in media health information access between urban, suburban, and rural nursing mothers in Ogun State with the main objectives of finding out how they get information, as well as establishing the effects and outcomes of such information on health outcomes, through an analysis of extant literature. The study discovered that although urban places offer better sources of information, suburban and rural health communication is tied to infrastructure challenges, making access to reliable healthcare information difficult. Also, social status, cultural customs, and medical professionals are factors contributing to the accessibility of health information. However, most healthcare information comes from interpersonal communication rather than from media sources. The research recommends using such communication techniques specifically designed for the intended audience could be a valuable tool in disseminating accurate information about the available health services, hence enhancing health outcomes among the nursing mothers of Ogun State, Nigeria.